

Housekeeping Activities

Sorting Silverware

Materials: Silverware and division tray.

Sequence of activity:

Invite your child to the table.

Remove all silver from drawer and place it on the table.

Provide a tray with divisions for knives, forks and spoons.

Demonstrate your child where to place knives, forks and spoons one at a time.

Direct objectives: To aid in the development of the child's sense of order, concentration, coordination and independence

Indirect Objective: Organize the silverware drawer.



Folding Kitchen Towels

Materials: Three kitchen towels

Sequence of activity:

Invite your child to the table.

Lay out the first towel in front of your child (unfolded).

Pick up one end and folded to the other side.

Smooth the towel flat with the underside of the forefingers.

Placed the folded towel to the far right.

Repeat again with the other two towels.

Once all three kitchen towels have been fold it. Demonstrate your child where do these kitchen towels live.



Housekeeping Activities

Direct Objectives: To aid in the development of the child's sense of order, concentration, coordination and independence.

Indirect Objective: To fold fabric.

Washing a Chair

Materials: Chair, Spray bottle with soapy water, sponge, and microfiber cleaning towel.

Sequence of activity:

Place all supplies on a cleaning caddy.

Invite your child to clean their special chair.

Say: "I am going to spray the top of the chair two times"

"now I am going to put the spray bottle in the caddy"

Grab the sponge and begin to wipe top to bottom.

Repeat until the whole chair has been spray and sponged.

Say: "Now, I am going to dry the chair"

Grab the towel and begin to dry from top to bottom.

Don't forget to check the floor and wipe if wet.

Return all supplies to the caddy.

Direct aim: To aid in the development of the child's sense of order, concentration, coordination and independence.

Indirect aim: The ability to wash a chair.



Housekeeping Activities

Matching Socks

Materials: Three pairs of socks

Sequence of activity:

Place all socks in a line

Take the first sock and find a match.

Put the socks on top of each other.

Repeat with the other two pairs.

Show your child to roll the pair of socks together.

Ask your child to put them in the correspondent drawer.

Direct Objectives: To aid in the development of the child's sense of order, concentration, coordination and independence.

Indirect aim: 1. The ability to matching socks.

2. The skill to rolled socks.

3. The ability to put it in the correspondent drawer or basket.



Matching Containers and Lids

Materials: Five containers and five lids.

Sequence of activity:

Demonstrate your child how to carry the containers and lids to the table.

Layout the containers from left to right.

Allow your child to look at the top dimensions of containers.



Housekeeping Activities

Take one lid and try to match it to each container (left to right), Until the child finds a match.

Repeat this step until all containers have a lid on.

Direct Objective: To aid in the development of the child's sense of order, concentration, coordination and independence.

Indirect aim: The ability to match containers and lids.

Washing cars or small objects

Materials: a large bin, old toothbrush, dish soap and hand towel.

Sequence of activity:

Ask your child to help you fill the container with warm water.

Add one drop of dish soap to the toothbrush.

Begin to scrub the object lightly.

Ask your child to do the same with the rest of the objects.

When done ask your child to help you empty the water in the sink

and fill it with clean water.

Allow your child to mix the small objects around to get all the bubbles of.

Dry one of the small objects with towel, then let your child do the rest.

Direct Objective: To aid in the development of the child's sense of order, concentration, coordination and independence.

Indirect aim: To develop the ability to wash and dry small objects.



Housekeeping Activities

Coin Sorting

Materials: Sixteen to twenty coins of all denominations, four small bowls, a tray.

Sequence of activity:

Ask your child to sit next to you.

Place the tray with all materials in front of you.

Look at the bowl of coins and take one out.

Place it in one of the bowls.

Take a different denomination coin out and place it in a different bowl.

Repeat until you have placed two coins of each denomination into the separate bowls.

Let your child continue to sort the remaining coins.

When they are done have them place all the coins back into one bowl.

Direct objective: Visual discrimination.

Indirect aim: To develop the ability to sort by dimensions.



Mason Jar Bank

Materials:

A medium size mason jar with a lid (cut lid on top to make space for the coins to go in) and approximately twenty coins.

Sequence of activity:

Ask your child to sit next to you.

Choose a coin and place through the top perforation of the mason jar.

Do this a few times, then have your child



Housekeeping Activities

do it. When all the coins are inside, show your child how to open the jar. Pour all the coins into the bowl.

Direct Objective: To aid in the development of the child's sense of order, concentration, coordination and independence.

Indirect aim: Refine fine motor skills and eye- hand coordination.

Stacking Food Cans

Materials:

10 cans of food

Sequence of activity:

Invite your child to come the kitchen

Layout each can one at a time.

Start with the widest can at the bottom.

Find the can that is slightly narrower and stack on top of the widest can.

Repeat until all cans are stacked.

Return the cans to the shelf.

Indirect Objective:

Preparation for mathematics by grading and using seriation.

Scrubbing the Cabinets

Materials:

Spray bottle filled with water, a sponge or brush or rag, a rag for drying, a caddy.

Sequence of activity:

Invite your child to a lower kitchen cabinet.



Housekeeping Activities

Demonstrate your child how to press the water bottle.

Spray the cabinet two times

Scrub the sprayed area.

Wipe dry with towel.

Repeat until done.

Set the sponge or rag to dry.

Return items to the proper place.



Direct aim: Practice pincer grasp fine motor skills with practical life work.

Indirect Objective: Introduction to writing skills.

Mopping

Materials:

Any available mop, soap, water, a bucket. If a Swifter is available you can detach the middle pipe to make the mop child size.

Sequence of activity:

Invite your child to mop.

Fill the bucket with water.

Add soap.

Dip the mop into the bucket and ring out excess water.

Mop where needed.

Rinse the mop.



Housekeeping Activities

Repeat until done.

Empty the bucket of water.

Ring out all water from the mop.

Return items to the proper place.

Using the Swifter

Attach the swifter sanitizing pads or a wet rag.

Mop where needed.

Discard the pad when done.

Repeat until the floor is clean.

Return items to the proper place.



Direct Objective: Introduction to practical life skills.

Indirect Objective: Gross motor skills.