

Daily Routine

Every morning most adults have a routine for example, wake up, shower, get dressed, make bed, get children ready, eat breakfast, get to work. This routine facilitates your purpose for the day. Let's help our children have a routine at home that will facilitate your schedule and their schedule when they return to school.

- Wake up your child at regular time 6-7:30 am.
- Help him/her get dressed
- Demonstrate how to make bed and tidy up
- Have your child prepare breakfast with you
- Let your child have quiet activity time: do a puzzle, look at a book, Legos, or color.

Work Period- This is the term we use in our classroom to begin activities.

9:00-9:40 a.m. Join Zoom Meeting – Morning Circle

- Greetings
- Music movement
- Story
- Activity Presentation

9:40-10:30 a.m.

- Have the materials ready for the kids to do work on Activity on Hubbli, the parent portal, under the Resources tab.
- Children work on the activity
- Snack Time

11:00-11:30 a.m. Join Zoom Meeting – Morning Enrichment Class

- Music & Movement
- Activity
- Have the materials ready for the kids to do work on Activity available on Hubbli.

11:40-12:00 p.m.

- Finish activity
- Playtime outside if weather permits (indoor play)

12:00-12:30 p.m.

- Lunch
- Clean up

12:30-3:00 p.m.

- Nap time
- Snack

3:00-3:30 p.m. Join Zoom Meeting – Afternoon Enrichment Class

- Monday: Music with Ms. Carmen
- Tuesday: Spanish with Ms. Margarita
- Wed: Cooking with Ms. Martha
- Thurs: Science with Ms. Dil
- Friday: Fun Friday with Ms. Sarah (various topics)

3:30-6:00 p.m.

- Let your child continue with the activity in the last enrichment class. Then plan a family walk and enjoy nature. Or simply let your child have free time outside until dinner. Unstructured time is important too – it's the time where children's imagine is free to roam.

In the evening, just stick to your normal routine of bath time, reading time and bed time.