



## Continuing Policies & Procedures re COVID-19 - M5C – 2020-21 Program

Updated: 7/16/20

M5C we will continue following state, local and federal guidelines for schools/child care centers as we allow all children to return to child care with enhanced social distancing measures. The American Academy of Pediatrics has asserted, *“Policies to mitigate the spread of COVID-19 within schools must be balanced and policies should have the goal of having students physically present in school.”* With that, we continue to provide a safe learning environment.

### Wellness Screening & Prevention Protocols

- Temperature checks for all staff members and children will be required upon entering the school. All adults on campus must wear a face mask unless they are working alone.
- We shall monitor staff and children throughout the day for signs of illness; notify parent to pick up any child with a fever of 100.4 degrees or higher, cough or other COVID-19 symptoms after isolating from the general room population.
- Face masks and/or shields are optional, but highly encouraged for children over the age of 2. No child under the age of 2 is allowed to wear a face mask.
- Visitors will not be allowed on campus where children are present.
- Parents agree to not send their child to school if they have a fever or flu like symptoms. Further, no fever reducing medicine should be given to a child before coming to school.
- Staff and children will be monitored for any signs of illness.
- Additional vaccines may be required, including flu and COVID-19 once available.
- Persons with travel history within the last 14 days to an area identified by the CDC as Level 3 will be excluded from school for 14 days. Any travel by airplane by any close family member must be reported to the school to follow risk mitigation measures.
- Persons who have been in close contact with someone diagnosed with COVID-19 will be excluded from school for 14 days from the day of their last exposure.

## **Arrival and Dismissal**

- Parents are not allowed in the building (unless necessary). It is preferred that children are dropped off and picked up by the same person every day, if possible.
- Parents should wash/sanitize hands (and their children's hands) before and after dropping off children.
- A Receiving Table will be set up to greet you at drop-off and pick-up. No car drop-off/pick-up is available during the summer.
- Drive-up procedures will resume in the fall. Masks must be worn by all adults on campus. Teachers/Administrators may also wear face shields as needed.
- Clip boards will replace the sign-in/out binder temporarily and are arranged by program timings: MORNING, EXTENDED DAY and FULL TIME.
- Social distancing at drop-off and pick-up is required and you must bring your own pen to sign your child in/out. Hand sanitizer will be available at arrival/dismissal table.
- Administrators and/or teachers will assist children into the School.

## **Group Size / Class Size**

### **Arrival:**

- A teacher and/or administrator will take the child's temperature with a no touch thermometer upon arrival.
- Child proceeds to the classroom and wash hands.
- All child belongings will be labeled and placed in their cubby.
- Classroom size to meet the state or local requirement and keep the same social bubbles together as much as possible. (Currently ratio is 12:1)
- Teachers stay with the same group of children as much as possible.

## **Hygiene & Cleaning/Disinfecting**

- Hand washing or hand sanitizing is required for all children and adults upon entry in the morning and intervals throughout the day.

- Staff will model the importance of healthy hygiene and provide frequent lessons.
- Cleaning of frequently touched items (doorknobs, faucets, etc.) will occur at required intervals.
- Shared materials will be cleaned after each use.
- Deep cleaning and sanitizing of the classrooms will occur daily.
- Full bathroom cleaning and sanitizing will occur in the evening.

## **Social distancing with children**

### **Classrooms:**

- Classrooms have been redesigned to allow healthy distancing: group tables replaced with individual tables, using shelves as separations, work rugs will be and spaced 6 feet apart.
- Teachers will model how to keep distance.
- Role play during circle time will include: hand washing, proper etiquette for coughs and sneezes, and distance interactions.
- Frequent verbal reminders.

### **Lessons and Work period:**

- Circle will still be part of our morning routine. (New rules will be presented).
- Children will be allowed to sit with space in between each other. (Marks will be made for children to know where to sit).
- Tables and rugs will be moved so that children don't have to be reminded to stay apart from each other.
- All working surfaces will be cleaned or sanitized according to schedule (ex: after each use).
- Teachers will continue to be proactive and remind children not to put objects in their mouth (cleaning spray and sanitizer spray will be available at all times.) In the case of contamination, we will promptly remove the item to a disinfecting "warming area" to temporarily remove that item from use.

**Snack:**

- As of May, 2020 parents must bring ALL their child's food (**snack** and lunch). The same snack guidelines apply (one protein, one fruit or veggie).
- Snack has to be prepared by morning teacher and served by same teacher during morning snack. Teacher must wear gloves when preparing and serving. Children must wash hands before sitting down for snack and are not allowed to serve themselves. A clean plate must be used for each child.
- Water bottles are allowed, but must be labeled and sent home daily for washing. Water bottles will be kept in children's cubbies when not in use.
- Used classroom dishes/utensils will be washed daily in dishwasher. Placemats have to be washed after every use.

**Outdoor Play:**

- Outdoor play is staggered – children are not out together all at once.
- Classrooms will be expanded to include outdoor space as much as possible.
- Children will use restroom and wash hands before going outside. Hand sanitizer, disinfecting wipes, gloves, ice packs, band aids and accident report booklet/pen available as always. Remind children to keep distance.
- Disinfecting of outdoor play equipment, tables, water fountain will be done daily.
- Limit children in the garden so they are practicing social distancing.
- Wash hands upon re-entering the classroom.

**Lunch Time:**

- Children must wash hands before eating lunch.
- Lunch will be served on a one-to-one ratio child to table.
- Teacher must have cleaned tables before having children sit.
- Teachers will wear gloves when assisting children with food. Children will not assist in food preparations.

**Nap Time:**

- All nap gear will be labeled, assigned teacher will wear gloves to put on bedding on labeled mat.
- Children's mats will be laid out 4 - 6 feet apart from each other, with heads in opposite directions.
- All mats will be disinfected weekly and gloves worn when putting bedding in bag to go home.

### **Diapering:**

- Same procedures apply in that teachers wear gloves during child diapering and replace with a new pair after each child.

### **Office:**

- Handle as much business via email or phone. If you must come into the office, please wear a mask and gloves.
- Tours – A virtual tour is available through our website. Social distancing tours can take place as long as masks and gloves are worn.
- Any questions or concerns should be directed to the Office.

### **Protocol if COVID-19 is confirmed in a child or staff member:**

- Vacate and close off areas used by the persons who is sick.
- Open outside doors and windows to increase air circulation in the affected areas.
- Clean and disinfect all areas used by the person who is sick, such as classrooms, offices, bathroom, and common areas and surfaces.
- Confer with the Alameda County Department of Public Health and CDSS.
- Communicate information to M5C families.
- Close M5C for 2 days for deep cleaning.
- Require a 14-day quarantine for sick person. Require a COVID-19 negative test prior to returning to M5C.

### **Important Notes:**

- We will continue to monitor applicable state and local guidelines and update these procedures as necessary.

- We are adjusting our program design, classroom configuration, and curriculum and staffing to accommodate new COVID-19 health and safety requirements for school.
- We are committed to following best practices for all persons on campus and need the cooperation of all families to follow our guidelines. It is of extreme importance to notify the school of illness and stay home if sickness arises.
- We have increased our janitorial staff and their hours in order to increase sanitizing/cleaning of surfaces/areas.
- Children will spend more time outdoors and windows will remain open in classrooms as much as possible to increase fresh air. Air filters have been changed and circulation is continuous.
- Gathering at school while following all protocols set in place still presents risk to students and staff, so please leave the school grounds promptly after drop-off and pick-up.

**Much of the health screening is different in terms of daily procedures, but the integrity of the Montessori classroom, curriculum and philosophy will stay intact. Teachers will continue to use the Montessori approach of respect and encouragement to inspire the love or learning. We continue to have the beautiful, peaceful Montessori classrooms that you remember and will continue to provide a safe and engaging environment for learning.**

**Thank you, we'll all get through this together!**

## **Resource Links:**

### **Alameda County Health Department**

<http://www.acphd.org/media/576680/acphd-covid-19-childcare-faq-english.pdf>

### **State of California**

<https://covid19.ca.gov/pdf/guidance-childcare.pdf>

### **Federal Guidance**

<https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/guidance-for-childcare.html>